

| am hungry

- ☺ 🌱 🌰 🍷 | am earthy – cashew french toast & real maple syrup \$ 14
- ☺ 🌍 🌱 🍷 | am grateful – raw mexican enchilada stuffed lettuce cups \$ 15
- ☺ 🍷 | am admirable – soup creation of the day & vegetable hummus garlic toast \$ 11
- ☺ 🌍 🌱 🌰 🍷 | am thrilled – raw sushi roll w pecan pate, veggies & ginger avocado \$ 13
- ☺ 🍷 | am amazed – gluten free gnocchi bites w basil, balsamic & tomato \$ 10
- ☺ 🌍 🌱 🍷 | am curious – raw zucchini spirals & tahini curry dressing \$ 15
- ☺ 🍷 | am creating – spicy lentil curry, colored rice, artisan greens, guacamole, salsa, chips \$ 14
- ☺ 🌍 🌱 🍷 | am honest – raw cashew cheeze & tomato lasagna canapés \$ 10
- ☺ 🌱 | am intentional – grilled three cheese sandwich, ketchup & dill pickles \$ 9
- ☺ 🍷 | am tasteful – blue corn crisps, guacamole & house made raw salsas \$ 13

| am very hungry

- ☺ 🌍 🌱 🍷 | am happy – raw green salad w everything you choose on top \$ 14
- ☺ 🍷 | am pleased – sandwich on marble rye or gluten free toast w soup creation & artisan greens \$ 15
- ☺ 🌱 🍷 | am generous – choose; burrito, quesadilla, gluten free taco salad, gluten free hard tacos \$ 17
- ☺ 🍷 | am sharing – rustic thin crust pizza; whole wheat or gluten free \$ 19

| am still hungry

- ☺ 🌍 🌱 🌰 🍷 | am indulging – nutrient rich raw chocolate from The Light Cellar \$ 3
- ☺ 🌱 🍷 | am privileged – vegan, gluten free ice kreme cone or cup \$ 5
- ☺ 🌍 🌱 🌰 🍷 | am treasured – raw, vegan, cashew, coconut & maca root cheezecake \$ 8
- ☺ 🌱 🍷 | am dreamy – chocolate & vanilla vegan ice kreme drizzled w espresso \$ 7
- ☺ 🌍 🌱 🌰 🍷 | am genuine – raw, vegan dessert creation from Bodhicitta \$ 9

♥ can be made or is already vegan ☺ can be made or is already gluten free 🌍 is raw
🌱 onion & garlic free option available
🌰 contains nuts

it is your responsibility to notify us of your allergies